



# Alannah Trigg

(She/Her/Hers)

**Vocal Range:** C3-Db6

**Website:** [www.alannah-trigg.com](http://www.alannah-trigg.com)

**Email:** [trigg.alannah@gmail.com](mailto:trigg.alannah@gmail.com)

**Hair Color:** Brunette

**Eye Color:** Blue

**Height:** 5' 3"

## Performance Theatre

<i>Little Women: The Musical</i>	Jo March	University of Central Missouri	Kristen Henning
<i>She Kills Monsters</i>	Agnes	University of Central Missouri	Dr. Aaron Scully
<i>Dragons Love Tacos</i>	Leroy	Cyclopedic Ensemble	Kristen Henning
<i>Cabaret</i>	Fräulein Kost	Faust Theatre	Zach Faust
<i>Naked Mole Rat Gets Dressed...</i>	Tall	Cyclopedic Ensemble (Fringe)	Eric Yazell
<i>Cinderella</i>	Gabrielle	University of Central Missouri	Dr. Aaron Scully
<i>Gleenior Year</i>	Will Schuester	Faust Theatre (Fringe)	Zach Faust
<i>Xanadu</i>	Euterpe	University of Central Missouri	Jenise Cook
<i>Everybody</i>	Kinship/Time	University of Central Missouri	Jenise Cook
<i>Cabaret</i>	Fräulein Schneider	University of Central Missouri	Dr. Aaron Scully
<i>A Funny Thing Happened...</i>	Domina	Metropolitan Community College	Keith Townsend

## Training

Bachelor of Fine Arts in Musical Theatre University of Central Missouri 2025  
Associate of Arts Metropolitan Community College 2022  
Voice Lessons with DM Studios/Delano Mendoza (2022-Present)  
Training in Ballet, Tap, Jazz, and Hip-Hop (2022-Present)  
Stage Combat: Dueling Arts Certified Level 1 Broadsword and Unarmed  
Acting the Song three-part workshop series with Delano Mendoza and Margo Mikkelsen  
Comedy in Acting and Character Physicality Workshop with Cori Anne Weber and Delano Mendoza  
Safe-Zone Trained  
Mental Health First Aid Certified

## Awards/Affiliations

Irene Ryan Semi-Finalist KCACTF Region V 2025 (Xanadu)  
Musical Theatre Intensive Semi-Finalist KCACTF Region V 2025  
Irene Ryan Nominee KCACTF Region V 2024 (Little Women: The Musical)  
KCACTF Region V Meritorious Award for Ensemble Work in Xanadu  
KCACTF Region V Meritorious Award for Ensemble Work in Everybody  
Voted Most Outstanding Performer in a Musical at the University of Central Missouri 2023 (Jo March in Little Women)  
Voted Most Outstanding Performer in a Play at the University of Central Missouri 2025 (Agnes in She Kills Monsters)  
Voted Most Outstanding Student in the Performing Arts at Metropolitan Community College 2022  
Voted Most Outstanding Senior at the University of Central Missouri 2025  
Theta Alpha Phi's President 2024-2025

## Special Skills

Hand and machine sewing, basic stage carpentry, piano, clarinet, guitar, driver's license, passport, vaccinated, swim, jump rope, can rap "Washington on Your Side" from the time stamp 1:34-2:17.